

All Menus Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 CENTERS AND OFFICES CLOSED PLEASE DO NOT CALL FOR EMERGENCIES: CALL 911	<p>3</p> <p>Bacon Bleu Burger Burger, Bacon, 1/2 Oz. B.C. 1/2c. Buttered Potatoes 1/2c. Corn Sandwich Roll Fresh Fruit</p>	<p>4</p> <p>Sweet & Sour Meatballs (4) 1/2c. Brown Rice 1/2c. Creamy Coleslaw Wheat Bread 1/2c. Mixed Fruit</p>	<p>5</p> <p>3oz. BBQ Pulled Pork Sandwich 1/2 C. Baked Potato Marg. & Sour Cream 1/2c. Wax Beans Sandwich Roll Chocolate Chip Cake Square</p>	<p>6</p> <p>3oz Spinach & Artichoke Chicken 1/2c. Pasta 1/2c. Mixed Vegetables Wheat Bread 1/2c. Mandarin Oranges</p>
<p>9</p> <p>Sweet Sausage Sandwich w/peppers & sauce 1/2c. Cheesy Hashbrowns WG Sausage Roll Fresh Fruit</p> <p>New Beth, Rimers HDM B-day</p>	<p>10</p> <p>Chicken Parmesan w/ marinara & 1/2oz. cheese topping 1/2c. Pasta w/sauce 1c. Tossed Salad w/1oz. dressing Italian Bread 4 oz Apple Juice</p> <p>Knox & Clarion B-day</p>	<p>11</p> <p>3oz. Roasted Pork w/Dijon Mushroom Sauce 1/2c. Vegetable Rice Pilaf 1/2c. Green Beans Wheat Bread</p> <p>Special Menu Leep, Rimers, ADLC B-day</p>	<p>12</p> <p>Salisbury Steak w/Gravy 1/2c. Cheddar Whipped Potatoes 1/2c. Sweet Peas White Bread 1/2c. Pears</p>	<p>13</p> <p>1/2c. Tuna Salad Sandwich w/lettuce & tomato 1/2c. Potato Salad 2 White Bread Fresh Fruit</p>
<p>16</p> <p>3oz. Rotisserie Chicken/gravy 1/2c. Whipped Potatoes W/Chives 1/2c. Mixed Vegetables WG Biscuit 1/2c. Peaches</p> <p>New Beth Chocolate Milk</p>	<p>17</p> <p>Turkey Chef Salad (2oz. Turkey, 1/2oz. cheddar, hard b. egg) 1c. Tossed salad w/Cuke, 1oz Drsg 1/2c. Pasta Salad WG Dinner Roll 1/2c. Pineapple</p> <p>Knox & Clarion Chocolate Milk</p>	<p>18</p> <p>Baked Breaded Chicken Cutlet 1/2c. Au Gratin Potatoes 1/2c Carrots White Bread 1/2c. Fruited Gelatin</p> <p>Leep, Rimers, ADLC Chocolate Milk</p>	<p>19</p> <p>3oz. Roast Beef w/au jus 1/2c. Roasted Redskins w/rosemary & garlic 1/2c. Green Beans Wheat Bread Fresh Fruit</p> <p>Special Menu</p>	<p>20</p> <p>Cheeseburger 1/2c. BBQ Butterbeans 1/2c. Macaroni Salad Sandwich Roll Fresh Fruit</p>
<p>23</p> <p>Baked Meatloaf w/gravy 1/2c. Baked Potato Marg. & Sour Cream 1/2 C. Wax Beans Wheat Bread Fresh Fruit</p>	<p>24</p> <p>3oz. Roasted Pork w/gravy 1/2c. Sauerkraut 1/2c. Whipped Potatoes White Bread Applesauce Cake</p> <p>Special Menu</p>	<p>25</p> <p>1/2c. Seafood Salad 1c. Mixed Greens W/Tomato H.B. Egg, Drsg. , 1 C. Vegetable Soup/Cracker, WG Dinner Roll 1/2 C. Cottage Cheese & Pineapple HDM: 1/2 C. Cottage Cheese & 1/2 C. Pineapple</p>	<p>26</p> <p>3oz Chicken Marsala 1/2c. Pasta 1/2c. Brussel Sprouts Wheat Bread 1/2c. Mixed Fruit</p>	<p>27</p> <p>BBQ Ribette 1/2c. Whipped Sweet Potatoes 1/2c. Creamy Coleslaw White Bread 1/2c. Pears</p>
<p>30</p> <p>3 oz. Roasted Sliced Turkey W/Gravy 1/2 C. Mashed Potatoes 1/2 C. Carrots Wheat Bread Cookie</p>	<p>COMMUNITY HEALTH CHOICES MEETING SCHEDULED: OCT. 10TH CLARION PSYCHIATRIC CENTER 10 A.M. - NOON REGISTER ONLINE www.HealthChoices.pa.gov Call: 1-833-735-4416</p>		<p>2019 SEPTEMBER IS NATIONAL SENIOR CENTER MONTH *SENIOR CENTERS: THE KEY TO AGING WELL* Growing/Learning/ Giving/Connecting</p>	 www.clarionaging.com Clarion Area Agency on Aging 16 Venture Lane Clarion, PA 16214 (81) 226-4640